



# Manidokan Camp and Retreat Center

1600 HARPERS FERRY ROAD, KNOXVILLE, MARYLAND 21758 301-834-7244

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[www.bwccampsandretreat.org](http://www.bwccampsandretreat.org)

Dear Camper and Parents,

We are very excited about our upcoming summer season. Please read carefully the information below as it will help you prepare for camp. We hope we have answered many of your questions, if not please look for more information our website or contact our offices at 800-922-6795.

## WHAT TO BRING

- Bible
- Long pants (2-3 pairs)
- Shorts
- 2 pairs sneakers (one old)
- Socks
- T-shirts, sports shirts, etc.
- Rain gear
- Sleeping bag or twin sheets/blankets
- Pillow
- Towels, wash cloth
- Soap, toothpaste, toothbrush
- Modest swim suit and towel
- Writing paper, envelopes, pens, stamps
- Flashlight and extra batteries
- Tote for bathroom supplies
- Sunscreen
- Sturdy shoes for hiking

## YOU MAY WANT TO BRING

- Disposable Camera
- Sunglasses
- Insect Repellant
- Hat or Visor
- Favorite Stuffed Animal
- Laundry bag
- Water bottle with your name

## WET n WILD/RIVER CAMPERS ALSO BRING

- water shoes
- Backpack or day pack
- sunglasses with strap
- extra swimsuits
- Long sleeve shirt
- 4 large plastic garbage bags

Horseback Riding: must have pair of shoes/boots with heels and long pants. If you have a riding helmet or bike helmet you may also want to bring that as well.

## HINTS FOR PACKING

1. If campers help with packing, they are more likely to find the correct items.
2. Particularly for younger campers, each change of clothing may be rolled up together.
3. Please label or initial as many items as possible for easy identification.
4. Do not send expensive or irreplaceable jewelry, watches, cameras, etc.

## PLEASE DO NOT BRING

Radios, TVs, stereos, cell phones, MP3 players, Ipods, game boys/DS, pagers, hatchets, axes or pocket knives, new luggage, candy, snacks, sodas, electrical appliances (hair dryers, etc.) fireworks.

Camp is a unique environment where children can get away from everyday distractions, including TV, video games and phones. Children gain skills of communication, problem solving, social interaction and explore emerging independence at camp in both small and large group settings. These are some of the greatest benefits of a week at camp! Having outside contact by cell phone means campers may not become fully invested in their camp experience and that could have negative effects including preventing the camp staff from getting to problems/issues in a timely manner. You can help by talking to you child prior to camp. Let them know there is ALWAYS someone they can reach out to, whether it is a counselor, staff member, director or even the camp nurse; we are all here to help them have a great experience!

## NETWORKING SITES

We understand that email, IM and social networking sites like Facebook and MySpace can be positive avenues to express yourself and keep in touch with friends. As a camper you have the right to exchange emails, IM, or befriend other campers in any way that you AND your parents see fit. When communicating with other campers please follow these guidelines:

- Be respectful in all communications.
- Do not use obscenities, profanity or vulgar language.
- Do not disparage the camp, its employees, volunteers or other campers.
- Do not harass, bully, or intimidate campers, volunteers or other campers.
- Do not post pictures of other campers unless you have their permission.

When communicating with adult volunteers or staff from camp you must do so in a public manner only; use only group emails, post on public walls/blogs.

## SWIM TEST

Every camper who wants to swim in the deep end of the pool must pass a swim test. The test consists of swimming 60 feet on top of the water and treading water for 1 minute. Those who pass will be issued a plastic hospital-type bracelet that they must wear throughout the week.

## REGISTRATION

For Manidokan Programs in general: Sunday, 3:00 – 4:30 p.m.

Campers will check in, deposit money in the camp store bank, check in with the nurse and get cabin assignments. **BRING HEALTH FORM and PARENT RELEASE FORM.** Depending on enrollment this process can take time.

## CHECK-OUT (*\* Exceptions below*)

Campers will need to be signed out by the designated adult. Signature and photo I.D. are required at the time of pick up.

All sessions: Closing Program will be at 6:15pm on last day of camp; Departure immediately following.

*\* Camp Encounter: Checkout will be Sunday at 5:30pm.*

## CAMP STORE

All camper money is collected at registration. The camp store is open daily and on the evening of departure. There are a variety of items for sale including: candy, postcards, t-shirts, sweatshirts, necklaces, stuffed animals, sodas, bandanas, ice cream and more. Prices range from \$0.25 to \$25. Campers 6<sup>th</sup> grade and younger will be given \$5 of their money when they visit Harpers Ferry; older campers will receive \$10. Any unspent money is returned at the end of the week.

## MEDICATIONS AND HEALTH FORM

We must have child's immunization record; see health form. In order to provide the best possible care for our campers, the information on the health form must be filled out completely and accurately.

**BRING THE HEALTH FORM WITH YOU TO CAMP.** Do not mail it ahead of time.

Medications must be current, designated for the camper, and accompanied by a Physician's Signed Order Form. Severe asthmatics and those who need epipens may wish to bring a second implement, which may be kept by the camper's immediate counselor. A nurse is on-site through the entire week your child is at camp

State law requires:

- that all prescription and over-the-counter medications be in original containers
- all medications be handed over at registration and kept in the infirmary.
- ANY prescription AND non-prescription drug that will be taken by camper more than once during the camp session must have a Physician's Signed Order Form accompany it.

#### IT IS UNDERSTOOD:

1. Each camper is expected to participate in and cooperate with all activities.
2. Profanity is unacceptable.
3. Misbehavior towards others is unacceptable.
4. Misbehavior towards property, including the natural setting, is unacceptable.
5. Modest dress is required

Remember, unless it's an emergency; please do NOT call the camp. Campers are not allowed to use the phone.

#### ADDRESS for Letters and Parcels

Camper's Name  
Camp Type\* (Adventure, River, Inspire)  
1600 Harpers Ferry Rd  
Knoxville, MD 21758

#### DIRECTIONS

Physical address is:

1600 Harper's Ferry Rd, Knoxville, MD 21758

From Baltimore:

Take Interstate 70 West toward Frederick. Take exit for 15 South/Rt. 340 West toward Charles Town, West Virginia. Stay on 340 West. About a mile past Rt. 67, turn left at the yellow flashing light at Keep Tryst Road. After stopping at the stop sign, turn left and proceed to the top of the hill. At the top of the hill, turn right onto Sandy Hook Road. Proceed for about 5 miles and the Main Gate will be on the left.

From Washington DC:

Take Interstate 270 toward Frederick and merge with Interstate 70 at Frederick. Immediately exit onto Route 340 West and follow above directions.

From Hagerstown:

Exit off Interstate 70 onto Rt 65 South toward Sharpsburg. In Sharpsburg, proceed straight through the intersection at stop sign. You are now on Burnside Road. Continue until you make a right onto Mills Road. Turn left onto Harpers Ferry Rd. Follow this road for about 4 miles. The road will come to a "Y". Bear right at this "Y" to remain on Harper's Ferry Road. Follow for one mile the entrance will be on your right.