



Manidokan Camp and Retreat Center

1600 HARPERS FERRY ROAD, KNOXVILLE, MARYLAND 21758 301-834-7244

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www.bwccampsandretreats.org

Dear Camper and Parents,

We are very excited about our upcoming summer season. Please read carefully the information below as it will help you prepare for camp. We hope we have answered many of your questions, if not please look for more information our website or contact our offices at 800-922-6795.

WHAT TO BRING

- Bible
- Long pants (2-3 pairs)
- Shorts
- 2 pairs sneakers (one old)
- Socks
- T-shirts, sports shirts, etc.
- Rain gear
- Sleeping bag or twin sheets/blankets
- Pillow
- Towels, wash cloth
- Soap, toothpaste, toothbrush
- Modest** swim suit and towel
- Writing paper, envelopes, pens, stamps
- Flashlight and extra batteries
- Tote for bathroom supplies
- Sunscreen
- Sturdy shoes for hiking

YOU MAY WANT TO BRING

- Disposable Camera
- Sunglasses
- Insect Repellant
- Hat or Visor
- Favorite Stuffed Animal
- Laundry bag
- Water bottle with your name

RIVER CAMPERS ALSO BRING

- water shoes
- Backpack or day pack
- sunglasses with strap
- extra swimsuits
- Long sleeve shirt
- 4 large plastic garbage bags

Horseback Riding: must have pair of shoes/boots with heels and long pants. If you have a riding helmet or bike helmet you may also want to bring that as well.

HINTS FOR PACKING

1. If campers help with packing, they are more likely to find the correct items.
2. Particularly for younger campers, each change of clothing may be rolled up together.
3. Please label or initial as many items as possible for easy identification.
4. Do not send expensive or irreplaceable phones, jewelry, watches, cameras, etc.

PLEASE DO NOT BRING

Radios, TVs, stereos, **cell phones**, **MP3 players**, **Ipods**, **game boys/DS**, pagers, hatchets, axes or pocket knives, new luggage, candy, snacks, sodas, electrical appliances (hair dryers, etc.) fireworks.

Camp is a unique environment where children can get away from everyday distractions, including TV, video games and phones. Children gain skills of communication, problem solving, social interaction and explore emerging independence at camp in both small and large group settings. These are some of the greatest benefits of a week at camp! Having outside contact by cell phone means campers may not become fully invested in their camp experience and that could have negative effects including preventing the camp staff from getting to problems/issues in a timely manner. You can help by talking to you child prior to camp. Let them know there is **ALWAYS** someone they can reach out to, whether it is a counselor, staff member, director or even the camp nurse; we are all here to help them have a great experience!

SWIM TEST

Every camper who wants to swim in the deep end of the pool must pass a swim test. The test consists of swimming 60 feet on top of the water and treading water for 1 minute. Those who pass will be issued a plastic hospital-type bracelet that they must wear throughout the week.

REGISTRATION

For Manidokan Programs in general: Sunday, 3:00 – 4:30 p.m.

Camper's will check in, deposit money in the camp store bank, check in with the nurse and get cabin assignments. Depending on enrollment this process can take time.

CHECK-OUT

Camper's will need to be signed out by the designated adult. **Signature and photo I.D. are required at the time of pick up.**

All sessions: Closing Program will be at 6:15pm on last day of camp; Departure immediately following.

CAMP STORE

All camper money is collected at registration. The camp store is open daily and on the evening of departure. There are a variety of items for sale including: candy, postcards, t-shirts, sweatshirts, necklaces, stuffed animals, sodas, bandanas, ice cream and more. Prices range from \$0.25 to \$25. Camper's 6th grade and younger will be given \$5 of their money when they visit Harpers Ferry; older camper's will receive \$10. Any unspent money is returned at the end of the week.

MEDICATIONS AND HEALTH FORM

In order to provide the best possible care for our camper's, the information on **the online health form** must be filled out completely and accurately. If you do not have access to the internet please complete a paper health form and bring on the first day of camp. Do not mail it ahead of time.

Medications must be current, designated for the camper, and come in the original container.

Please DO NOT send medications in the "day of the week plastic packets". ALL MEDICATION MUST BE IN THE ORIGINAL PRESCRIPTION BOTTLE OR CONTAINER. Severe asthmatics and those who need epipens may wish to bring a second implement, which may be kept by the camper's immediate counselor. A nurse is on-site through the entire week your child is at camp.

IT IS UNDERSTOOD:

1. Each camper is expected to participate in and cooperate with all activities.
2. Profanity is unacceptable.
3. Misbehavior towards others is unacceptable.
4. Misbehavior towards property, including the natural setting, is unacceptable.
5. Modest dress is required

Remember, unless it's an emergency; please do NOT call the camp. Camper's are not allowed to use the phone.

ADDRESS for Letters and Parcels

Camper's Name
Camp Type* (Adventure, River)
1600 Harpers Ferry Rd
Knoxville, MD 21758