

MANIDOKAN CAMP & RETREAT CENTER

RETREAT AND CAMPING MINISTRIES

1600 Harpers Ferry Rd

Knoxville, MD 21758

301-834-7244 (Manidokan)

director@manidokan.org

410-867-0991 (Registrar phone & fax)

admin@bwccampsandretreats.com



Dear Camper(s) and Parents,

Welcome to Manidokan! Enclosed is some information intended to help you and your child get ready for your week(s) at camp. **If you have other questions, please look for more information on our website, or contact our registration office at 800-922-6795.**

PACKING FOR CAMP

Let's begin with what to bring! We suggest involving your campers in packing, so they know what they will find in their bag. For younger campers, you may want to roll daily outfits together. Labelling as many things as possible also helps campers to keep track of their clothes. Please limit what you pack to things you need.

PLEASE PACK...

----- **1-2 face masks per day**

1 pair of shorts and shirt per day

1 extra outfit

2 pair long pants

1 sweatshirt

Underwear and socks for each day +2

Pajamas

Rain gear

1 pair sneakers for daily use

1 pair sneakers or watershoes to get wet/dirty

1 pair sturdy shoes for hiking

Swim suit and towel

Sleeping bag or twin sheets and blanket
(RUSTIC AND CANOE CAMPERS: SLEEPING BAG)

Pillow

Towels/washcloth

Toiletries and caddy/tote

Bible

Notebook, journal, pens

Sunscreen

Insect repellent

You MAY want to add...

Stationary, Envelopes, stamps

Disposable camera

Shower shoes/flip flops

Hat or visor

Sunglasses

Water bottle with your name on it

Favorite stuffed animal

Laundry bag or trash-bag for clothes

HORSEBACK CAMPERS

You must wear long pants and a pair of shoes or boots with heels. You will wear a helmet while riding.

CAMPER EMAIL

Campers receive email at:

Manidokan.camper@gmail.com

In the subject, please type your camper name, event name, and building. Campers do not have access to computers to respond. *Please limit emails to one page with no graphics, pictures, or attachments.*



Please DO NOT PACK:

VALUABLE OR IRREPLACEABLE ITEMS: for example, jewelry, money, cameras, heirlooms, new luggage.

WEAPONS OF ANY KIND: for example, knives, pocket knives, hatchets, axes.

FLAMMABLES: for example, matches, lighters, fireworks.

FOOD: For example, candy/gum, soda or any snacks. Food for diet needs should be given to the nurse. No alcohol, tobacco, or illegal or unaccounted drugs allowed.

ELECTRONICS: for example, CELL PHONES, video games, iPod, Gameboys/DS, or any device that can connect online while at camp.



Our goal is for each camper's week to include making new friendships, enjoying time in the outdoors, eating healthy meals (and a few campfire snacks!), and making new connections to God. Adventure challenges and intentional community building provide opportunities for gaining skills in faith development, communication, problem-solving, decision-making, social interaction, and emerging independence in both small and large group settings. Having devices that connect campers to communities outside of camp distracts from that. Cell phones have also been used to involve bullying of campers and to contact parents with medical needs rather than communicating that need to the skilled health professional on staff who is present with them. These are obstacles that make the week harder for your camper, not easier. **Should there be a reason you need to reach your child, like a death in the family or a change of camper pick up plans, please communicate through the camp directors and/or camp office: 410-867-0991.**

REGISTRATION

NEW TIMES AND NEW STYLE: A Drive through check-in is held on Sunday afternoon at staggered times.

Plan to arrive by last name alphabetically: A-H at 3:30pm, I-Q at 4:00pm, R-Z at 4:30pm. **Please do not come early** unless you have been contacted by the nurse.

WEEK OF JULY 5th: Campers coming this week will arrive Monday at 9:30am (Last names A-L) and 10am (Last names M-Z).

Camp staff are preparing for your children to arrive and need to be focused on that prior to 3:30pm. For GPS address for driving directions, please use 1600 Harpers Ferry Rd, Knoxville, MD 21758. **Stay in your car, and drive to these 4 stations to properly check in your camper:**

- 1) **Health Screenings** –Temperatures will be checked for everyone in the car. If anyone is over 100, the camper will not be admitted to camp. If Temps are between 98.7-100, the car will be asked to park and wait 15 minutes for temperature recheck. Health Screenings will also be received here. Camper group assignments will be given. We do our best to meet roommate requests within age groups, given additional COVID room restrictions.
- 2) **Check in/Registration** - This stop is where you pay any final balances, check camper information and pick up form changes, share camper needs with the Director, and leave any additional store money. *There will not be a separate store time at check-in.* Campers can buy apparel and gear at check-out.
- 3) **Health Care** – For campers with medicine or COVID questions from Health Screening, please drive to the health stop to see our nurse. If you are not bringing medicine and were not instructed to stop by the Nurse by a staff member at station 1 or 2, you can drive on to camper housing.
- 4) **Drop off at Housing** – One adult can leave a car to help with luggage. Please check in with the group counselor, who will help your camper enter the building. Portable toilets will be located in the parking vicinity. You will also pick up your camper in this location. Please bring a photo ID for pick-up.



MEDICATIONS AND HEALTH FORM

In order to provide the best possible care for our campers, the information on the **ONLINE HEALTH FORM** must be filled out completely and accurately. If you do not have access to the internet, please contact the Manidokan camp nurse to plan for camp to receive medical information prior to camp. Campers with asthma, diabetes, or life-threatening allergies **will** be asked to share additional information in the form of an emergency plan similar to those at your child's school.

A doctor **MUST sign a medical confirmation form** in order to give any prescribed or over the counter medication. Medications must be current, prescribed or designated for the camper, and in the **ORIGINAL PRESCRIPTION BOTTLE OR UNOPENED OVER THE COUNTER MEDICATION.**

Please consider that summer camp is not a good time for your camper to 'take a break' from medications. The days are long, and activities often require focus and attention. A change to a camper's medication can impede their enjoyment and well-being at camp.



Campers needing an inhaler, epi-pen or other emergency medicine may bring a second one to keep in the health center. The primary emergency medicines will stay with an adult who is with your child so that it is within reach at all times. Any camper with prescribed emergency medicines **MUST** have that medicine at camp. A nurse is on-site the entire week that your child is at camp.

CAMP STORE

You can now add your store funds directly into Campwise! Items at the store include food like soda, Gatorade, ice cream, candy and chips as well as gifts like T-shirts, water bottles, hats, sunglasses, and stuffed animals. Campers may choose 2 foods and 1 drink per day. Food generally costs \$1 and gifts range up to \$30. Because of COVID we are uncertain whether we can go on the Harper's Ferry Hike. **Campers who go to Harpers Ferry will be given some of their store money for ice cream. Campers up to 6th grade receive \$5 and older campers receive \$10 (if it is in their account).** Any unspent money is returned at the end of the week or can be donated to Mission Manidokan, which in 2021 is Potomac River Keepers. The store will be open at Check-out for purchasing apparel and gear only. One adult can walk with a camper to the store.

CHECK OUT

FULL WEEK CAMPERS: Checkout is Friday at 6:15pm **MINI CAMPERS:** Checkout is Wednesday at 6:15pm

Camper families with medicine should drive to the dining hall and wait in the car line to pick up their medicines. Bring a Photo ID. Then proceed to the housing location where you will pick up your camper and again show your photo ID. ALL Campers must be signed out with a physical signature from a designated adult after showing the camp staff member a photo ID.