

MANIDOKAN CAMP & RETREAT CENTER RETREAT AND CAMPING MINISTRIES

1600 Harpers Ferry Road
Knoxville, MD 21758
301-834-7244 (Manidokan Office)
director@manidokan.com



410-867-0991 (Registrar phone & fax)
admin@bwccampsandretreats.com

Dear Camper(s) and Parents/Guardians,

Welcome to Manidokan! Enclosed is information intended to help you and your child get ready for your week(s) at camp. If you have other questions, please look for more information on our website, or contact our registration office at 410-867-0991.

PACKING FOR CAMP

Let's begin with what to bring! We suggest involving your campers in packing, so they know what they will find in their bag. For younger campers, you may want to roll daily outfits together. Labeling as many things as possible also helps campers to keep track of their items. Please limit what you pack to things your camper will need.

PLEASE PACK...

- ☐ 1-2 face masks per week (if needed)
- ☐ Hat or visor
- ☐ Sunglasses
- ☐ Water bottle with your name on it
- ☐ 1 pair of shorts and shirt per day
- ☐ 1 extra outfit
- ☐ 2 pair long pants
- ☐ 1 sweatshirt
- ☐ Underwear and socks for each day +2
- ☐ Pajamas
- ☐ Rain jacket
- ☐ Backpack/day pack
- ☐ 2-3 pair sneakers, at least 1 closed-toe water shoes to get wet/dirty, 1 good pair for hiking
- ☐ Swimsuit and towel
- ☐ Sleeping bag or twin sheets and blanket (HAMMOCK / CANOE CAMPERS: SLEEPING BAG)
- ☐ Pillow
- ☐ Towels/washcloth
- ☐ Toiletries and caddy/tote
- ☐ Notebook, journal, pens
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Flashlight/Headlamp
- ☐ Extra batteries



You MAY want to add...

- ☐ Bible
- ☐ Stationary, envelopes, stamps
- ☐ Disposable camera
- ☐ Shower shoes/flip flops
- ☐ Laundry bag or trash-bag for clothes
- ☐ Favorite stuffed animal
- ☐ Skit items/props for Talent Show

CANOE & WATER ADVENTURE CAMPERS

You must wear closed-toe shoes that can get wet each day.
You may want an extra swimsuit or set of river clothes.
Please pack plenty of sunscreen and sun protection clothing/hat!

CAMPER EMAIL

Campers receive email at:
manidokan.camper@gmail.com
In the subject, please type your camper name, event name, and building. Campers do not have access to computers to respond. Please limit emails to one page with no graphics, pictures, or attachments.

Please DO NOT PACK:

VALUABLE OR IRREPLACEABLE ITEMS: for example, jewelry, money, cameras, heirlooms, new luggage.

WEAPONS OF ANY KIND: for example, knives, pocket knives, hatchets, axes.

FLAMMABLES: for example, matches, lighters, fireworks.

FOOD: For example, candy/gum, soda or any snacks. Food for diet needs should be given to the nurse. No alcohol, tobacco, or illegal or unaccounted drugs allowed.

ELECTRONICS: for example, CELL PHONES, video games, iPod, Gameboys/DS, or any device that can connect online while at camp.

Our goal is for each camper's week to include making new friendships, enjoying time in the outdoors, eating healthy meals (and a few campfire snacks!), and making new connections to God. Adventure challenges and intentional community building provide opportunities for gaining skills in faith development, communication, problem-solving, decision-making, social interaction, and emerging independence in both small and large group settings. Having devices that connect campers to communities outside of camp distracts from that. Cell phones have also been used to involve bullying of campers and to contact parents with medical needs rather than communicating that need to the skilled health professional on staff who is present with them. These are obstacles that make the week harder for your camper, not easier. Should there be a reason you need to reach your child, like a death in the family or a change of camper pick up plans, please communicate through the camp director and/or camp office: 410-867-0991.

Camper Check-in

Harpers Ferry Road will be closed for the duration of the summer. Please add about 15 minutes to your driving time and follow the road detour signs that are posted. Only use up to date GPS. For GPS address for driving directions, please use 1600 Harpers Ferry Road, Knoxville, MD 21758.

Drive thru check-in will begin at 4 PM on the Sunday of your scheduled session. Remain in your car to be most efficient. Please do not come early unless you have been contacted by the Health Coordinator. We look forward to seeing you at check-in!

Mini Camp 2023: Campers attending this program will arrive Wednesday July 5th at 10 AM. Check-in will also be drive thru style.

MEDICATIONS AND HEALTH FORM

To provide the best possible care for our campers, the information on the **ONLINE HEALTH FORM** must be filled out completely and accurately. If you do not have access to the internet, please contact the Manidokan Health Coordinator to plan for camp to receive medical information prior to camp. Campers with asthma, diabetes, or life-threatening allergies will be asked to share additional information in the form of an emergency plan like those at your child's school.

A doctor **MUST sign a medical confirmation form** in order to give any prescribed or over the counter medication. Medications must be current, prescribed or designated for the camper, and in the **ORIGINAL PRESCRIPTION BOTTLE/with Prescription label OR UNOPENED OVER THE COUNTER MEDICATION**.

Please consider that summer camp is not a good time for your camper to 'take a break' from medications. The days are long, and activities often require focus and attention. A change to a camper's medication can impede their enjoyment and well-being at camp.

Campers needing an inhaler, epi-pen or other emergency medicine may bring a second one to keep in the health center. The primary emergency medicines will stay with an adult who is with your child so that it is always within reach. Any camper with prescribed emergency medicines **MUST** have that medicine at camp. A nurse/health aide is on-site the entire week that your child is at camp.

CAMP STORE

You can now add your store funds directly into Campwise! Items at the store include food like soda, Gatorade, ice cream, candy and chips as well as gifts like T-shirts, water bottles, hats, sunglasses, and stuffed animals. Campers may choose 2 foods and 1 drink per day. Food generally costs \$2 and gifts range up to \$35. Campers who go to Harpers Ferry are given some of their store money for ice cream. Campers up to 6th grade receive \$5 and older campers receive \$10 (if it is in their account). Any unspent money is returned at the end of the week or can be donated to Mission Manidokan. The camp store will be open at check-in. Credit card refunds for unused camp store funds must be greater than \$5, anything less than that will be donated to Mission Manidokan.

Camper Check-out

ALL CAMPERS: Drive thru check-out will begin at 6:15 PM on the Friday of your scheduled session. Remain in your car to be most efficient. Campers must be signed out with a physical signature from a designated adult after showing a camp staff member a photo ID.