



MANIDOKAN CAMP and RETREAT CENTER

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OFFICE of RETREAT AND CAMPING MINISTRIES

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Dear Camper(s) and Parents/Guardians,

We are so excited to have you at Manidokan this year! We have received your Summer Camp registration, and this letter confirms that you are registered for Day Camp (July 8-12) at Manidokan! Below is information intended to help you and your child get ready for camp!

Camper Check-in

Please plan to arrive at Manidokan every morning by 9:00 AM for the start of camp! Drop off will be **daily at Carl's Pavilion starting at 8:45 AM**. We will have signs and staff directing you towards Carl's Pavilion on Monday morning. Check-in will be drive thru style.

Medications & Health Form

To provide the best possible care for our campers, the information on the ONLINE HEALTH FORM must be filled out completely and accurately. If you do not have access to the internet, please contact our registration office to plan for camp to receive medical information prior to camp. Campers with asthma, diabetes, or life-threatening allergies **will** be asked to share additional information in the form of an emergency plan like those at your child's school.

A doctor **MUST sign a medical authorization form** in order to give any prescribed or over-the-counter medication. Medications must be current, prescribed and designated for the camper and **all medications need to be brought to camp in original containers/packaging. The Health Coordinator cannot accept any medications in plastic bags or non-original packaging. This includes over-the-counter medications. Please only bring the number of pills needed for your camper's time at camp.** Please consider that summer camp is not a good time for your camper to 'take a break' from medications. The days are long, and activities often require focus and attention. A change to a camper's medication can impede their enjoyment and well-being at camp. Campers needing an inhaler, epi-pen or other emergency medicine may bring a second one to keep in the health center. The primary emergency medicines will stay with an adult who is with your child so that it is always within reach. Any camper with prescribed emergency medicines **MUST** have that medicine at camp. A nurse/health aide is on-site the entire week that your child is at camp.

New This Year: Camp Store Snacks Included

This year at Manidokan, all campers will receive 1 afternoon snack and 1 drink each day (Monday to Friday) included with the cost of camp. We have made this change in order to be a more equitable and inclusive camp community. For this reason, parents/guardians will not have the ability to load money on their camper's Campwise account for Summer Camp this year.

Camper Check-out & Camp Store

Day Camp check-out starts **daily at 4:00 PM at Carl's Pavilion**, with 4:30 PM being the latest pick-up time. On Friday, Day Camp check-out will happen at the Dining Hall in conjunction with resident camp check-out. A short closing program will help campers celebrate their week of camp and then formal check-out will occur. Each day, campers must be signed out with a physical signature from a designated adult after showing a camp staff member a photo ID. On Friday, the camp store will be open for merchandise sales only (no food) during camper check-out. You may pay with cash, check, or credit card. Parents/guardians will not have the ability to load money on their camper's Campwise account for Summer Camp this year.

Packing List

Please review the attached packing list and reach out with any questions that you may have. We suggest involving your campers in packing, so they know what they will find in their bag. Labeling as many things as possible also helps campers to keep track of their items. Please limit what you pack to things your camper will need.

Day Camp Packing List: Bring these items to camp with you every day of the week!

- ___ 2 pairs of closed toe shoes, one wet, one dry – no sandals or flip flops
 - *Make sure your dry shoes are sturdy enough to hike in
- ___ a complete change of clothes, including socks
- ___ pool towel and swimwear
- ___ a hat, sunscreen, and bug spray (sunglasses optional)
- ___ reusable water bottle *with camper's name clearly marked on it*
- ___ small backpack or drawstring bag
- ___ poncho or rain jacket
- ___ sharpie for signing shirts (optional)
- ___ a book for reading (optional)

Please DO NOT bring:

- ___ radios, iPods, Apple watches, **cell phones**, or any other electronic device.
- ___ alcohol, tobacco products, drugs, knives or weapons, fireworks
- ___ money, valuables of any kind, jewelry, etc.
- ___ food, candy or snacks

Please reach out with any questions that you have-- we are here to help. See you at camp!

Meredith Petty, Director, Manidokan Camp & Retreat Center