WEST RIVER CENTER

5100 Chalk Point Road, West River, MD 20778P.O. Box 429, Churchton, MD 20733Phone 410 867 0991 or Toll Free 800 922 6795Fax 410 867 3741 Email admin@bwccampsandretreats.comEst. 1951www.bwccampsandretreats.org



Dear Camper and Parents,

We are glad that you will be joining us for a week of summer camp this year. The information provided below will help you prepare to come to camp. If you have questions, please call us.

HINTS FOR PACKING

- 1. If campers help with packing, they are more likely to find their items once at camp.
- 2. For younger campers, it is helpful to roll each change of clothing up together.
- 3. Please label or initial ALL items for easy identification.

4. **Please DO NOT bring:** personal electronic devices (**cell phones, iPods, etc**), handheld electronic games, jewelry, expensive cameras, weapons, hatchets, pocket knives, new or nearly new luggage, fireworks, or any other item that would detract from the camp experience.

WHAT TO PACK:Sleeping bag or sheets/blanket for twin size bedpillowGood closed toe tennis shoesLots of shorts, t-shirts, etc for outside playLong pants/ sweatshirt for cool nightsSeveral pairs of socksMODEST swimsuitBeach towelSoap, shampoo, bath towel, toothpaste/toothbrushBug spray	YOU MAY WANT TO ALSO BRING: Camera THAT IS NOT A PHONE Hat Sunglasses Favorite stuffed animal Water bottle with name on it Rain gear Writing paper, envelopes, stamps Flashlight and extra batteries Flip Flops to wear for going to and from pool
Sunscreen Laundry bag for dirty clothes Plastic bag for wet clothes Bible, Notepad, Pen	SAILING CAMPERS MAY ALSO BRING:Extra pair of non-marking rubber sole shoes1 or 2 pair long pantslong sleeve shirtsSunscreenSunglasses with strapExtra swimsuitsHat

electronje gadgets

We ask campers to leave cell phones, Ipods, DS games, IPads, MP3s and similar items stay at home so that we can better focus on the process of building relationships with each other. Campers have a far better experience when they aren't responding to text messages, IM-ing their friends, or returning phone calls.

To address parents' concerns regarding not being able to contact your child or vice versa, please be assured that our # 1 priority is the creation of a safe environment that eliminates the need for a phone in the first place. We encourage campers to solve issues that may arise by talking with their counselor, each other, and if necessary, the camp director. Furthermore, all camp staff are trained to deal with issues of homesickness, conflict, and discipline, and Camp Directors are committed to communicating with parents as necessary whenever issues arise.

REGISTRATION – Sundays from 3:00 PM until 4:30 PM (*see exceptions below*) **BRING COMPLETED HEALTH FORM (if on paper)** Please be aware – this process can take time.

* Grandparents Camp – check in will be Monday at 10am.

CHECK-OUT (*see exceptions below*)

Slideshow of the week's activities will begin at 6:00pm with check-out immediately following the last day of camp.

Full week sessions: Friday, 6:00 p.m.

Mini-weeks: Wednesday, 6:00 p.m.

* Grandparents Camps – Friday at 1pm.

Signature and photo I.D. are required at the time of pick up.

SWIM TEST

In order to swim in the deep end of the pool, campers must pass a swim test. The test consists of swimming 60 feet on top of the water. (Sailors must also tread water for 2 minutes, and put on a life vest while in the water). Those who pass are given a hospital-type bracelet that enables the lifeguards to quickly identify campers who can safely enter the deep end of the pool.

CAMP STORE

The camp store is open each afternoon and offers a variety of items for sale including candy, ice cream, sodas, water, snacks, postcards, t-shirts, and other items. T-Shirts are also offered for sale during registration and check-out time. To prevent loss, campers are not allowed to carry money during the week. Money is collected at registration and purchases are made on a credit basis throughout the week. Unused money will be returned at checkout. The recommended amount for a Camp Store account is \$20-30.

MEDICATIONS AND HEALTH FORM

In order to provide the best possible care for our campers, the information on the **online health form** must be filled out completely and accurately. If you do not have online access please complete a paper form and bring on the first day of camp. Do not mail it ahead of time.

Medications must be current and designated for the camper. Severe asthmatics and those who need an epipen may wish to bring a second implement, which may be kept by the camper's immediate counselor. A nurse/health aide is on-site through the entire week your child is at camp

State law requires:

- that all prescription and over-the-counter medications be in original containers.
- that all medications be handed over at registration and kept secure in the infirmary.
- that all medications be accompanied with the prescribing physician's signature.

CORRESPONDING WITH YOUR CHILD:

Please do not phone the site except in the event of an emergency. Campers are not allowed to use the phone.

For correspondence and packages by US Mail

Camper's Name Program Name* (Discovery, Sailing, etc) PO Box 429 Churchton, MD 20733

For Packages by currier (FedEx or UPS)

Camper's Name Program Name* (Discovery, Sailing, etc) 5100 Chalk Point Road West River, MD 20778

Email: camper@westrivercenter.org

- > In the subject line, put the camp name (i.e.: Discovery 5-6, Sailing) first and the camper's name second.
- > Please limit messages to one page text only no attachments, forwards or graphics.
- > At this time we do not have the capability for campers to reply to E-mail.